

# CAPOEIRA 4 REFUGEES

Music, Sport & Play



*Syrian refugees in C4R's capoeira class,  
Za'atari Refugee Camp, Jordan*

## **CRISIS AT A GLANCE**

- **Jordan is one of the top hosting countries (1.4 million Syrians, 664,100 registered refugees)**
- **Refugees face steep challenges and live under the traumas of conflict and displacement**
  - Risk of becoming a 'lost generation'
  - 50% of Syrian refugee children reportedly show signs of post-traumatic stress disorder



# WHAT IS CAPOEIRA?

*Syrian refugee students practice capoeira movements with a live capoeira orchestra in Za'atari Refugee Camp.*

- Art form consisting of live music, sport, play, history, and story-telling
- Developed in 16th Century Brazil by Afro-Brazilian slaves with the aim to free their minds → community empowerment
- Songs echo the slaves' sadness and desire to return to Africa and to fight oppression



# WHY CAPOEIRA?

Resonates with the struggle of modern-day vulnerable communities and in particular refugees



*Students shake hands with each other before entering into the capoeira game at Za'atari Refugee Camp.*

**THERE ARE NO  
WINNERS OR  
LOSERS IN  
CAPOEIRA**

**NON VIOLENCE**

**ANYONE CAN  
PARTICIPATE**



**C4R'S MISSION AND PASSION: TO  
BRING FUN, RESILIENCE, AND  
HAPPINESS TO THE LIVES OF  
CHILDREN IN CONFLICT ZONES.**

# C4R'S APPROACH



2. Allows traumatized children to channel anger and frustration in a safe and healthy way



4. Helps stabilize emotions and harmonize social relationships

1. Capoeira as a psychosocial tool to create safe spaces for vulnerable young people in war and conflict zones



3. Promotes youth empowerment and teaches life skills through expressive play



*Capoeira sessions always end with a social roda to discuss issues students find important. Photo taken in Irbid, Jordan.*

**"[Capoeira] gives me a fresh start mentally and psychologically. It refreshes me and gives me a reboot....It's feels like a reset for my brain." (50 YO, Female, East Amman)**

**"I like capoeira because we don't hurt each other. There are good vibes inside the capoeira circlce. Nobody fights with each other." (11 YO, Girl, Azraq Refugee Camp)**

**"I have learned that the most important thing in capoeira is to give trust and trust in your partner. You don't get mad at each other when someone accidentally hits you. We need to show love between us before and after class." (14 YO, Boy, Za'atari Refugee Camp)**

**"There are days when I just feel bad in the camp. But joining the capoeira roda (circle) makes me comfortable because I can let out all my negative thoughts. Playing capoeira always makes me happier." (13 YO, Boy, Za'atari Refugee Camp)**



# JORDAN



## AZRAQ REFUGEE CAMP



## IRBID HOST COMMUNITY



## ZA'ATARI REFUGEE CAMP



## EAST AMMAN

# REGIONAL: Capoeira Changemakers Program (CCP)



**AHMAD**  
Palestine



**ABED**  
Palestine



**ABDULLAH**  
Turkey



**DANIA**  
Jordan



# C4R'S DATA COLLECTION TOOLS

1



Most Significant  
Change technique

2



Semi-structured  
interviews and focus  
groups

3



Program evaluation  
surveys

4



Dharma Platform

# Instructions (Data Collection Simulation)

**1. Open Dharma Platform on your mobile device or laptop**

- Groups with a laptop can access Dharma Platform on: <https://app.dharmaplatform.com/project>

**2. Refer to the table on the right and enter your group ID/ password**

Group	Login ID	Password
1	whitney+team1@dharmaplatform.com	team111
2	whitney+team2@dharmaplatform.com	team222
3	whitney+team3@dharmaplatform.com	team333
4	whitney+team4@dharmaplatform.com	team444
5	whitney+team5@dharmaplatform.com	team555

### 3. Watch the video of the capoeira class and work with your group members to fill out the attendance form

-Click 'New HHL Conference Form'

***\*Don't worry about picking the right answers—just do this as an exercise!***

3.1: Fill out 'General' and 'Attendance form' by tapping on the corresponding boxes

3.2: The boxes will turn from **red** to **green** (as shown on the right) once you have completed the data entry process

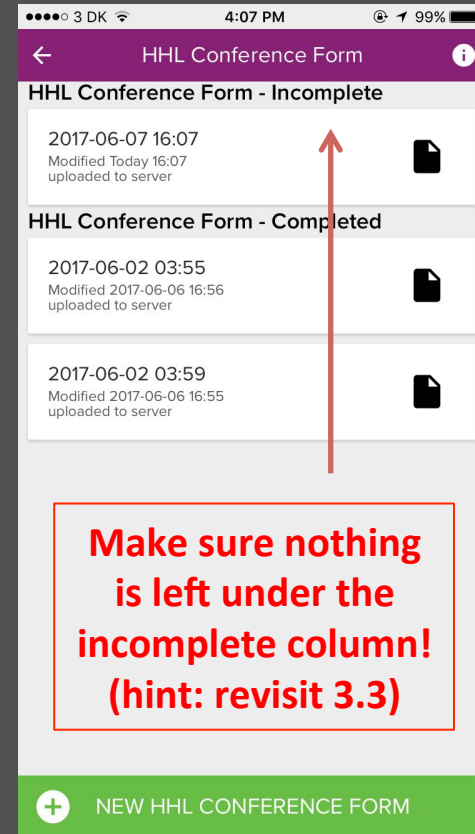
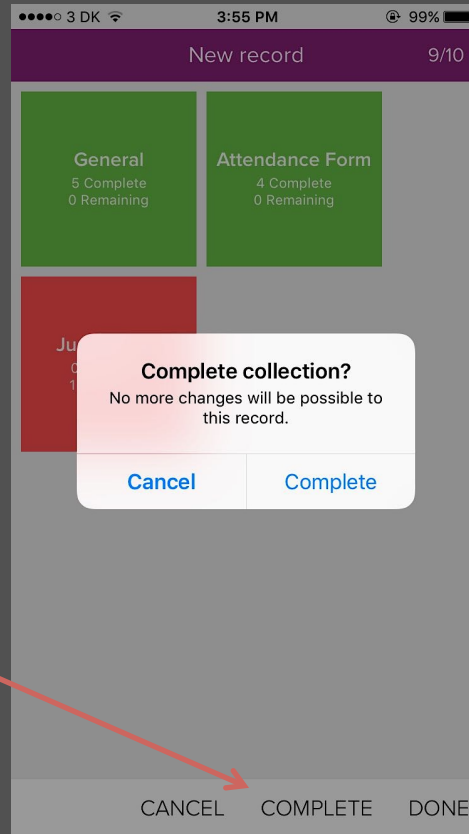
- An **orange** box indicates incomplete/missing data (go back and fix it!)

3.3: Click 'complete' on the bottom to finalize and submit the data

### 4. Answer the 'Just for Fun' question if you have some spare time 😊

**\*\*Ask Katy or Janice for help\*\***

## Instructions for Mobile Devices (continued)



Location: Turkey  
Implementing partner: Small Project Istanbul  
Video taken: May 2017

**CAPOEIRA**  
**4 REFUGEES**  
Music, Sport & Play





## Abdullah, Changemaker in Istanbul, Turkey

- Syrian refugee himself, brought capoeira from Damascus to Turkey
- Conducts capoeira sessions twice a week in local community center
- Target group: Syrian, Iraqi, and Palestinian refugee children









NORWEGIAN  
REFUGEE COUNCIL

## Azraq Refugee Camp, Village 5

- Contains refugees fleeing from areas that were controlled by ISIS
- 'Prison within a prison'
- Weak infrastructure
- Limited access to services (education, medical, supermarkets)





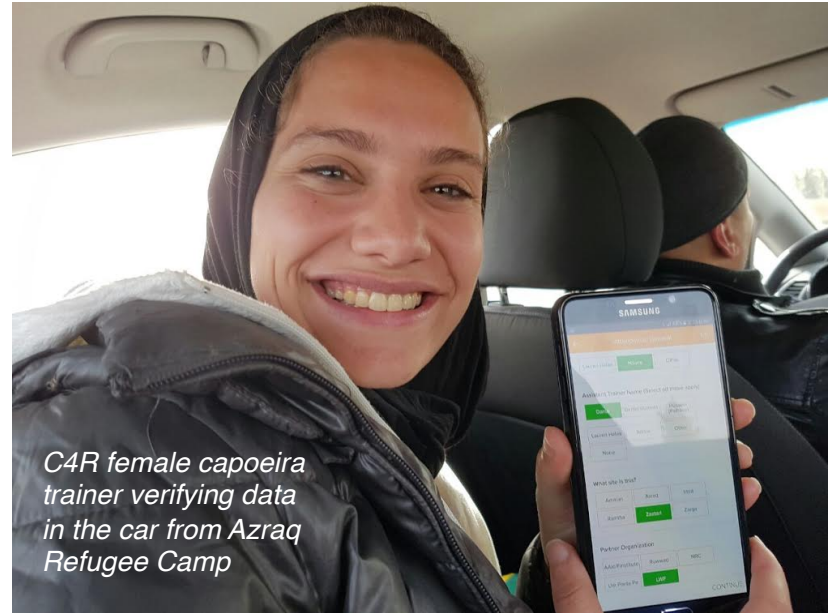
**'Out of the Box' Data Management**

# Dharma Technology:

## Private Sector Quality. Public Sector Design

Dharma is built for those of us who don't know how to build relational databases, or integrate various software solutions, or just want to focus on being a better researcher, physician, data collector, epidemiologist, logistician, etc.

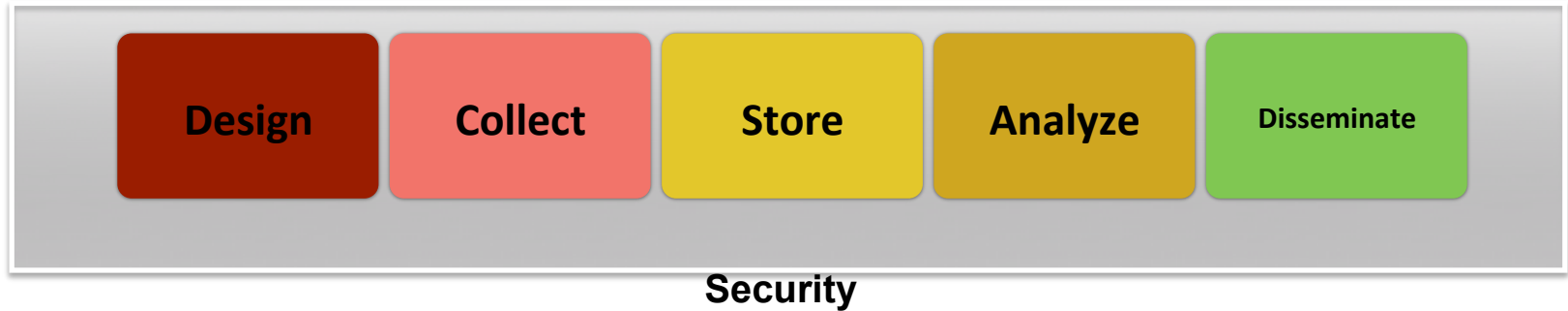
**No coding needed. All the support you need.  
All of the pieces in one place.**



*C4R female capoeira trainer verifying data in the car from Azraq Refugee Camp*

# Dharma Technology:

## A One Stop Data Management Solution.



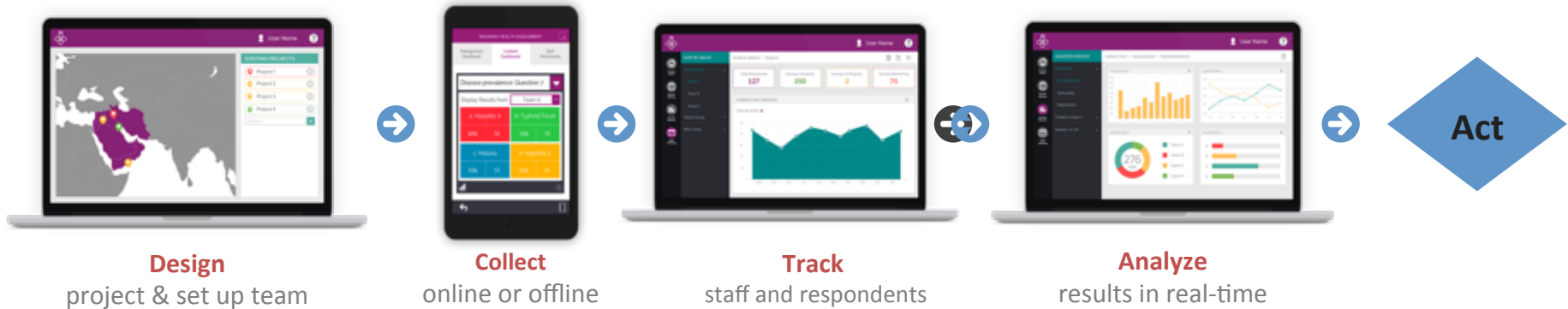
Dharma is built for organizations and professionals without the capacity or desire to hire an engineering unit or spend large amounts on consultants. For those of us that just want to focus on being a better programmer, logistician, physician, epidemiologist, humanitarian and so on.

**No coding needed. All the support and security included. All of the pieces in one place.**

# Dharma Platform:

Automated, out of the box, and at a fraction of the cost

**A Lot of Enterprise-level Data Management Power. No Assembly Required.**



# Dharma Technology:

Yes, it really is automated, end-to-end.

-All of the data management components, from program design to collection, storage, analysis, staff management, and export/dissemination, are automated.

-Yes, you can use Dharma in any language.

-Yes, you can use Dharma for any primary data structure type (longitudinal, hierarchical, trend)

-Yes, it really works offline. Not just collection, but longitudinal enrollment and record management, custom sorting and filtration, and analytics + staff management.

-Yes, Dharma is a new concept. Cloud Computing built by us, for us.



# Global presence

A world map with a dark grey background. 17 countries are highlighted in a light purple color. These countries include the United States, Canada, the United Kingdom, France, Germany, Italy, Spain, Portugal, Greece, Turkey, Egypt, Sudan, Ethiopia, Kenya, Tanzania, Uganda, Rwanda, and Burundi.

**17** countries where Dharma is in use

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**23** use cases so far (and counting...)

- Randomized controlled trials
  - Monitoring & evaluation of field programs
  - Rapid needs assessment
  - Facility-based surveillance
  - Hospital Management - Electronic Medical Records
  - Parcel tracking / ERP
- 

**10 Million** individuals assessed, treated, assisted, or otherwise using Dharma, many in active conflict zones

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# Health-focused & Humanitarian Organizations are Using **Dharma** to Drive Their Activities.

Private Sector



National + International Government



World Health Organization



CENTERS FOR DISEASE CONTROL AND PREVENTION



WORLD BANK

Academia + Research Consortia



UNIVERSITY OF OXFORD

International Non-Governmental Organizations



LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE



# Current Programming Examples

A world map with a dark grey background. Several regions are highlighted in a light purple color: the United States, the United Kingdom, Turkey, and parts of Africa and Asia.

1

Facility-Based Surveillance

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2

Household Surveys/Census

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3

Electronic Health Records

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4

Logistics (Parcel Tracking)

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5

Randomized Control Trials

# 1 Facility-Based Surveillance

## Organizations Using Dharma for Facility-Based Surveillance:

1. Medecins Sans Frontières
2. World Health Organization
3. Capoeira For Refugees

## Key Metrics:

# of data points: **600**

# of users: **500**

% fully offline: **80%**

International Data Security Compliance met?: **YES**

## Why Dharma?:

- Organizations can collect and manage trend-series surveillance program data **wholly offline**.
- Organization administrators can view and adjust trend series data time 'bins' (i.e. daily/weekly/monthly) with the click of a button. The Dharma analytics package includes passive time stamp capture, allowing for retrospective trend series custom time binning.
- Organizations no longer need to construct elaborate panel databases, purchase expensive security software, or build internal capacity in order to support facility-based surveillance system.
- Organization administrators can monitor, compare, and analyze morbidities by location in real-time.
- Organization administrators can create custom indicators and integrate external denominator libraries for advanced real-time indicator computations (i.e. eWARN alert thresholds).



## 2 Household Surveys / Census

### Organizations Using Dharma for Household Surveys:

1. Medecins Sans Frontières
2. World Health Organization
3. Medair
4. Syrian American Medical Society
5. IRFAD/World Bank
6. UC Berkeley



### Key Metrics:

# of respondents: **200,000+ (and counting)**

# of users: **1000+**

% fully offline: **80%**

International Data Security Compliance met?: **YES**

### Why Dharma?:

- Organizations can collect and manage large, complex, multi-level hierarchical household survey data **wholly offline**.
- Organization administrators can view and adjust trend series data time 'bins' (i.e. daily/weekly/monthly) with the click of a button. The Dharma analytics package includes passive time stamp capture, allowing for retrospective trend series custom time binning.
- Organizations no longer need to clean, merge, and map disparate flat files (that ubiquitous excel problem)..
- Organization administrators can monitor, compare, and interpret results as they are accrued in the field. **No wait time**.
- Organization administrators can create custom indicators and integrate external denominator libraries for advanced real-time indicator computations.

# 3 Electronic Health Records

## Organizations Using Dharma for Electronic Health Records:

1. Medecins Sans Frontières
2. Syrian American Medical Society
3. Medecins Du Monde

## Key Metrics:

# of records: **50,000**

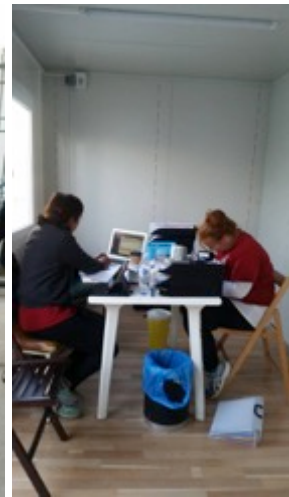
# of users: **200**

% fully offline: **100%**

International Data Security Compliance met?: **YES**

## Why Dharma?:

- Organizations can both enroll new and add to existing electronic health records **wholly offline**.
- Field teams can generate new and add to existing records in their native language, while HQ staff simultaneously view records in language of their choosing.
- Organizations no longer need to construct elaborate databases, purchase expensive security software, or build internal capacity in order to support EHR system.
- Organization administrators can monitor performance of clinical teams in real-time, including bedside times and treatment modalities.



## 4 Logistics (Parcel Tracking)



### Organizations Using Dharma for Parcel Tracking:

1. Medecins Sans Frontières
2. World Health Organization
3. Save The Children

### Key Metrics:

# of parcels: **500**

# of users: **50**

% fully offline: **100%**

International Data Security Compliance met?: **YES (when needed due to object type variance)**

### Why Dharma?:

- Organizations can both enroll new and add to existing records **wholly offline**.
- field, mid-level, and central office/HQ staff can monitor parcel location, status, and content offload in real-time\*
- Procurement staff can monitor stock levels cross-checked with parcels in-transit and delivered.
- Dharma's integration capabilities allow organizations to incorporate/integrate accounting/financial libraries and software.
- Organizations no longer need to construct elaborate databases, purchase expense security software, or build internal capacity in order to support an enterprise resource planning platform for their field-based logistics programming (ERP).

# 5 Randomized Control Trials

## Organizations Using Dharma for Randomized Control Trials:

1. Epicentre

### Key Metrics:

# of respondents: **41,000**

# of users: **50**

% fully offline: **100%**

International Data Security Compliance met?: **YES**

### Why Dharma?:

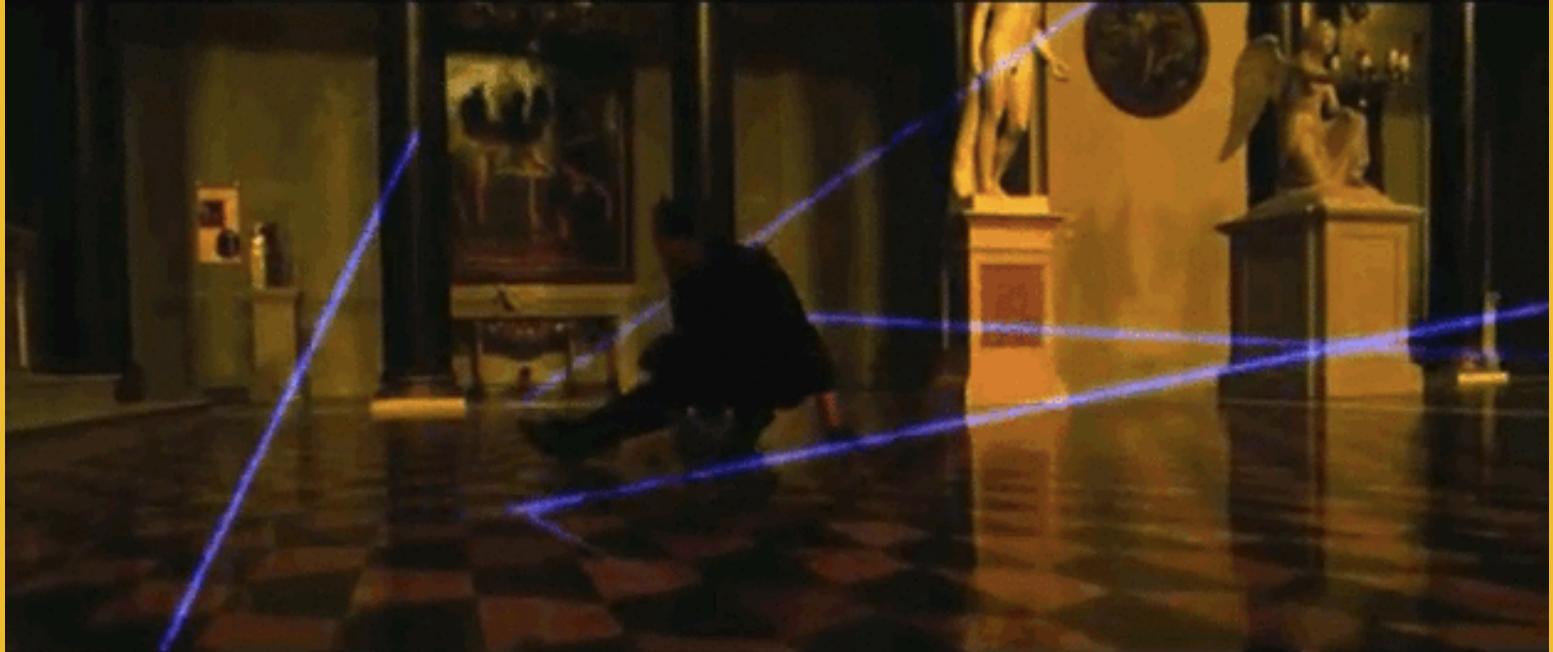
- Organizations can both enroll new and add to existing records **wholly offline**.
- Researchers can designate test and control groups with separate team designators and identifiers.
- Researchers can prevent collection via custom date ranges to allow for wash out period.
- Researchers can design complex forms with conditional logic and question grouping.
- Researchers can track the progress of field teams in real-time
- Field teams can generate new and add to existing records in their native language, while HQ staffsimultaneously view records in language of their choosing.
- Organizations no longer need to construct elaborate databases, purchase expensive security software, or build internal capacity in order to support an RCT data management system.



	Internals	Externals
<b>Meta Level</b> <b>(consortium/group)</b>	<b>'Super Super' Administrator</b> - Admin access to all organizations in consortium + all super admin and admin permissions + view, edit, and set meta analytics (performance, key indicators, etc.) across consortium.	<b>Guest</b> - view results (by site(s), project, or organization)
<b>Organization Level</b>	<b>'Super' Administrator</b> - Admin-level access to all projects across organization + view, edit, and set meta analytics (performance, key indicators, etc.) across organization projects.	
<b>Project Level</b>	<b>Administrator</b> - Build project, edit settings, add site(s), set site duration(s), address structural parameters, manage staff, dit Form(s) + view results+ export datasets (R, DTA, CSV, excel workbook)	
	<b>Researcher</b> - Edit Form(s) + view results + export datasets (R, DTA, CSV, excel workbook)	
	<b>Collaborator</b> - Edit Form(s) + view results	
	<b>Manager-</b> Create, manage, and view records + add and manage staff + view results	
	<b>Collector-</b> Create, manage, and view records *(per blinding protocol if needed)	



# What do Brad Pitt and capoeira have in common?



***Answer: Character Toulour stole the Imperial Coronation egg at night by using his capoeira skills to evade the heavy security.***



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